



Amalthea Restaurant

Experience a rich culinary journey through Greek & Cretan cuisine

Our 14-Day Dinner Menu

*Available Every Evening

Freshly baked breads, pastries, salads and cold dishes, soup of the day, and home-made desserts are served daily, alongside our rotating selection of main courses.



Monday 1

• Hot dishes:

Soutzoukakia 'smyrneika', Fresh fried potatoes (Vegan), Mushrooms with garlic and wine (Vegan), Sole fish with vegetable spaghetti & lemon sauce, Steamed green beans with onion, olive oil and almond (Vegan), Cuttlefish stifado, Eggplant caponata (Vegan)

• Cooking station grill - Baked - Fried:

Pork Gyros with pita bread, Cod fish croquettes with tartar sauce, Tortilla cheese souffle (Vegetarian), Mixed veggies Indian Pakora (Vegan)

• Carving:

Roasted turkey, Bbq sauce, Gravy fruits sauce

• Pizza - Pasta - Rice:

Pizza with ham, zucchini & brie, Pizza margarita (Vegetarian), Spinach ricotta cannelloni, Snails 'boubouristoi', Cretan wedding rice with 'staka'

Tuesday 2

• Hot dishes:

Beef 'stifado', Potatoes 'anogianes' (Vegan), Caprese Portobello (Vegetarian), Boiled vegetables (Vegan), Mediterranean baked Perch fish fillet with tomato, olives and caper, Giant beans (Vegan), Creamy chili saffron Mussels with sausage (Spicy)

• Cooking station grill - Baked - Fried:

Chicken Burgers, Wild greens Shepherd's pie (Vegan), Crispy Parmesan Zucchini Potato Muffins (Vegetarian), Fried eggplants (Vegan)

• Carving:

Pork 'Kontosouvli', Bbq sauce, Yogurt garlic sauce

• Pizza - Pasta - Rice:

Pizza calzone with bacon, mushrooms and peppers, Pizza calzone margarita (Vegetarian), Cretan carbonara with Penne, Pasta Napolitan (Vegan), Rice with mixed vegetables (Vegan)

Wednesday 3

• Hot dishes:

Wine-roasted pork neck, Potatoes from the oven with mustard (Vegan), Bougiournti Peppers with chili and feta (Vegetarian Spicy), Cauliflower with bearnaise sauce (Vegetarian), Sole fish with tomato paste, olives & cheese, Stuffed omelet with veggies and cheese (Vegetarian), Shepherd's pie with minced meat

• Cooking station grill - Baked - Fried:

Marinated chicken chops with sweet paprika from the grill, ·Homemade tomato balls (Vegetarian), Zucchini on the grill (Vegan), Mushroom kebab with lemon vinaigrette (Vegan)

• Carving:

Pork Spare Ribs, Bbq sauce

• Pizza - Pasta - Rice:

Pizza with pulled pork & bbq, Pizza margarita (Vegetarian), Linguini Bolognese, Asian sesame veggies noodles, Bulgur with vegetables (Vegan)

Thursday 4

• Hot dishes:

Pork roll with beer, mustard and tarragon sauce, Lemon baby potatoes (Vegan), Steamed broccoli (Vegan), Grilled pears with blue cheese and walnuts (Vegetarian), Shrimps on the pan with butter, chili and ouzo (Spicy), Cheese pie with spinach (Vegetarian), Roasted vegetables briam (Vegan)

• Cooking station grill - Baked - Fried:

Rib eye, Seith fish on the grill, Cheese 'loukoumades'(dumplings) (Vegetarian), Asian Cabbage Stir Fry (Vegan), Fried onions Vegetarian

• Carving:

Roast Chicken Satay, Yogurt Satay sauce

• Pizza - Pasta - Rice:

Lachmatzun (Spicy), Bucatini pastitsada with chicken, Pasta al pesto (Vegan), Basmati rice with vegetables (Vegan)

Friday 5

• Hot dishes:

Chicken rolls sous vide stuffed with bacon, veggies & feta sauce, Potatoes with butter and Panko crust (Vegetarian), Zucchini, mushrooms & fresh onion sauté (Vegan), Stuffed vegetables with rice (Vegan), Green peas 'giachni' (Vegan), Eggplant rolls with spinach & bacon, Butternut Squash with vegetables & Cheese Vegetarian

• Cooking station grill - Baked - Fried:

Pork souvles, Tacos chicken, avocado & spicy mayo, Grilled Sausages, Sea bass on the grill

• Carving:

Lamb shank with rosemary & veggies, Broth

• Pizza - Pasta - Rice:

Pinsa with mortadella and mozzarella, Pinsa margarita (Vegetarian), Rigatoni Amatriciana alla vodka, Creamy pasta with tomato, broccoli & peppers (Vegan), Rice with sundried tomato

Saturday 6

• Hot dishes:

Beef stew, Potato puree Vegetarian), Mushrooms stuffed with spinach & blue cheese (Vegetarian), Green beans with tomato & carrots (Vegan), Aubergines with tomato & cheese crumble (Vegetarian), Salmon with herbs-butter crust, Sfiakian Pie (Vegetarian)

• Cooking station grill - Baked - Fried:

Chicken kebab with chili peppers, Grilled squid with olive oil lemon sauce, Cauliflower fritters (Vegetarian), Spring rolls (Vegan)

• Carving:

Pork leg, Bbq sauce, Broth

• Pizza - Pasta - Rice:

Pizza bianco with chicken, Pizza margarita, Linguini with shrimps, Pasta with veggies (Vegan), Basmati rice with mushrooms (Vegan)

Sunday 7

• Hot dishes:

Chicken thighs tandoori with yogurt, Potatoes à la chasapa with feta cheese (Vegetarian), Cauliflower from the oven with vegan basilicum pesto (Vegan), Veggies spaghetti marinated (Vegan), Creamy garlic mushrooms with spinach (Vegan), Traditional Mousaka, Stuffed peppers with veggies & cheese (Vegetarian)

• Cooking station grill - Baked - Fried:

Beef burgers, Swordfish on the grill, Bugatsa pie Chania with cheese (Vegetarian), Fresh corn with garlic butter (Vegetarian), Cheesy vegetables muffin (Vegetarian)

• Carving:

Roasted Pancetta, Bbq sause

• Pizza - Pasta - Rice:

Stromboli with salami and mozzarella, Rigatoni Carbonara, Thai Noodles with veggies, Tomato rice with herbs (Vegan)

Monday 8

• Hot dishes:

Fresh meatballs with tomato sauce, Octopus stifado, Fresh fried potatoes (Vegan), Giant beans plaki (Vegan), Aubergines imam baidi with feta (Vegetarian), Sweet potato souffle with ham & cheese, Solefish with saffron, olives & capers

• Cooking station grill - Baked - Fried:

Chicken Gyros, Mushrooms on the grill (Vegan), Salmon tart, Korean Corn dogs

• Carving:

Crispy roasted pork shoulder, BBQ Sauce, Broth

• Pizza - Pasta - Rice:

Pizza tortilla with turkey & cheese, Pizza tortilla margarita (Vegetarian), Pasta with sun dried tomato, sausage & broccoli, Pasta with mushrooms & spinach (Vegan), Rice with tomato paste & green peas (Vegan)

Tuesday 9

- **Hot dishes:**

Corfiot beef sofrito, Potatoes krasates with caramelized onions (Vegan), Shrimps 'saganaki', Steamed fresh vegetables (Vegan), Broccoli and cauliflower au gratin (Vegan), Zucchini roll with cream cheese and mint in bell pepper sauce (Vegetarian), Cabbage rolls with minced meat

- **Cooking station grill - Baked - Fried:**

Grilled pork chops, Fried cod fish in batter, Fennel pies (Vegan), Homemade cheese balls (Vegetarian)

- **Carving:**

Whole roasted chicken 'Souvla', Bbq sauce, Mayo & mustard sauce

- **Pizza - Pasta - Rice:**

Pizza with bbq chicken & bacon, Pizza margarita (Vegetarian), Spaghetti al olio pepperoncino (Vegan), Farfalle with smoked salmon, Asian vegetables fried rice

Wednesday 10

- **Hot dishes:**

Chicken fillet Ipirotiko, Crispy parmesan baked baby potatoes (Vegetarian), Top fish with herbs, Sfakiani pie cheese (Vegetarian), Briam vegetables (Vegan), Eggplants papoutsakia with bulgur, Sweet and Savory Glazed Baked Cauliflower

- **Cooking station grill - Baked - Fried:**

Lamb chops, Tacos chili con carne, Grilled cuttlefish with olive oil & lemon, Fried zucchini (Vegan)

- **Carving:**

Slow cooking pork shank in the oven with honey, mustard and beer, Broth

- **Pizza - Pasta - Rice:**

Peinirli special, Peinirli with cheese & tomato (Vegetarian), Pastitsio, Snails stifado, Cretan wedding rice

Thursday 11

• Hot dishes:

Chicken Tikka Masala, Potatoes a la crème (Vegetarian), Caramelized beetroot with Honey, Goat Cheese & Walnuts (Vegetarian), Mussels saganaki with feta, Steamed broccoli with chili garlic and almond (Vegan Spicy), Cauliflower soufflé with ham, bacon and cheese, Vegan mushroom stroganoff (Vegan)

• Cooking station grill - Baked - Fried:

Grilled pancetta, Salmon on the grill with avocado sauce, Fennel pies (Vegan), Homemade potato feta croquette (Vegetarian)

• Carving:

Lamb 'exochiko' with vegetables & cheese

• Pizza - Pasta - Rice:

Stuffed spinach artichoke bread (Vegetarian), Pasta alfredo, Pasta with vegetables (Vegan), Egyptian pilaf with nuts and vermicelli (Vegan)

Friday 12

• Hot dishes:

Rabbit 'Stifado', Fresh fried potatoes (Vegan), Broad beans giachni (Vegan), Stuffed tomatoes, peppers & zucchini with rice (Vegan), Eggplants with herb & cheese crust (Vegetarian), Filet perch marinated with pesto rosso in parsley butter sauce, Baked Apples with Feta, Honey and Cranberries (Vegetarian)

• Cooking station grill - Baked - Fried:

Pork Gyros, Zucchini carrot balls (Vegetarian), Baked chicory with ham & cheese, Falafel Shepherd's pie (Vegan)

• Carving:

Beef brisket, Broth, Bbq sauce

• Pizza - Pasta - Rice:

Pizza carbonara, Pizza margarita (Vegetarian), Penne with chicken, mustard and estragon, Black pasta a la vongole, Veggies turmeric rice (Vegan)

Saturday 13

• Hot dishes:

Braised veal cheeks, Mashed potatoes with butter (Vegetarian), Stuffed mushrooms with vegetables & cheese (Vegetarian), Steamed green Asparagus (Vegan), Indian Perch fish with red curry, Glazed fresh carrots with soya sauce and sesame (Vegan), Eggplant rolls with vegies, feta and tomato sauce (Vegetarian)

• Cooking station grill - Baked - Fried:

Turkey fillet with graviera crust, Stuffed calamari with risotto milanese, Falafel (Vegan), Sauteed beef liver

• Carving:

Porchetta with herbs and cheese

• Pizza - Pasta - Rice:

Pizza burger quesadillas, Penne with chicken and avocado, Chinese noodles with veggies, Rice with mushrooms & saffron (Vegan)

Sunday 14

• Hot dishes:

Chicken 'Stroganoff', Potato rosti (Vegetarian), Traditional Mousaka, Roasted bbq vegetables in the pan (Vegetarian), Mussels with zucchini and wine, Garlic Brussels sprouts (Vegan), Baked Florinis peppers with veggies and spicy cheese (Vegetarian Spicy)

• Cooking station grill - Baked - Fried:

Giaourtlou Kebab in pita bread, Fried mullets, Flutes with greens and feta cheese (Vegetarian), Cheese saganaki (Vegetarian)

• Carving:

Roasted Lamb, Yogurt garlic sauce

• Pizza - Pasta - Rice:

Pizza funghi (Vegetarian), Pizza margarita (Vegetarian), Lasagna bolognese, Pasta al pesto (Vegetarian), Thai fried rice with shrimps

Summerly Yours